Language Abstractions for Hardware-based Control-Flow Integrity Monitoring

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Abstract—Control-Flow Integrity (CFI) is a software protection mechanism that detects a class of code reuse attacks by identifying anomalous control-flows within an executing program. Hardware-based CFI has the promise of the security benefits of CFI without the performance overhead and complexity of software-based CFI: generally speaking, hardware-based monitors are more difficult to bypass, offer lower performance overheads than software-based monitors, and, furthermore, hardware-based CFI can be performed without the necessity of altering application binaries or instrumenting language compilers. Although hardware-based CFI is an active area of research and there is a growing literature describing CFI strategies at a high-level, there is, to the authors' best knowledge, no work on languages specially tailored to the specification and implementation of CFI monitors. This article presents a proof-ofconcept domain-specific language with built-in abstractions for expressing control-flow constraints along with a compiler that targets the functional hardware description language ReWire. While the case study is small, it indicates, we argue, an approach to rapid-prototyping hardware-based monitors enforcing CFI that is quick, flexible, and extensible as well as being amenable to formal verification.

I. INTRODUCTION

Embedded systems are everywhere, deployed in a wide variety of systems: automotive, medical, military, Internetof-Things, etc. Embedded systems are lightweight, having restricted resources—in terms of both computing power and development costs—of necessity and by design compared to larger "industrial strength" computing systems. Embedded systems are also increasingly the focus of security exploitation [1]. The development cost of protections for embedded systems must likewise be kept lightweight: this article explores the application of ideas from programming language design to the construction of security mechanisms for embedded hardware in pursuit of this goal.

This article presents a proof-of-concept domain-specific language with built-in abstractions for expressing and generating run-time monitors in reconfigurable hardware that enforce control-flow integrity. Control-Flow Integrity (CFI) is an approach to software security [2] in which changes in control-flow within a program in execution are compared to a control-flow graph (CFG) for the program: control-flow not described by the program's CFG indicates an ongoing controlflow hijacking attack. Broadly speaking, there are two main technical challenges in implementing a CFI monitor: (1) the identification of an accurate control-flow graph (CFG) for the program in question and (2) the representation strategy of the monitor itself. There is a considerable body of research on CFI hardware [3] and software [4] implementation strategies since its inception.

This article focuses on challenge (2), although from a novel perspective—that of programming language design and domain-specific languages—and the result we present answers the question: how can a control-flow monitor for a program be derived directly and automatically from its CFG? The CFG for a program is taken as input, translated to a domain-specific language for expressing control-flow constraints called CFL (for Control-Flow Language). CFL is a DSL "embedded" in the Haskell functional language: it is defined in terms of Haskell and leverages Haskell's infrastructure (e.g., its type system and implementation).

Embedding in Haskell provides two immediate benefits for CFL and, consequently, for generation of hardware-based CFI monitors. Firstly, CFL programs, being embedded in Haskell, can leverage any number of techniques or tools associated with Haskell (e.g., strong-typing, automated test generation, formal verification via equational reasoning, etc.). Secondly, CFL programs may be translated to synthesizable VHDL using ReWire, which is a functional hardware description language also embedded in Haskell.

This research is based in functional languages and embedded domain-specific languages, but it is the authors' intention to make this article accessible to readers with no experience in functional programming whatsoever. We will endeavor to explain Haskell/ReWire notation throughout. Readers may consult the online codebase for this paper for further details. The remainder of this section considers related work and presents a high-level, non-technical summary of the results. Section II motivates the design and implementation of the CFL language. Section III summarizes the results presented here and discusses ongoing and future directions.

Related Work: Classic "stack-smashing" buffer-overflow exploits copy code into the targeted system which is then, one way or another, contrived to be executed. Countermeasures e.g., data execution prevention (DEP) also known as write XOR execute ($W \oplus X$)—were devised and widely deployed that



Fig. 1: Language Abstractions for Hardware-based Control-Flow Integrity Monitoring. Throughout this article, instruction addresses are represented, without loss of generality, as integers rather than as machine words.

effectively prevent such code injection attacks. Code re-use attacks—e.g., return-into-libc attacks and their progeny [5] circumvent DEP/W \oplus X by hijacking control-flow and re-using the existing codebase on the targeted system. CFI, first proposed by Abadi et al. [2], detects such code re-use attacks as hijacked control-flow invariably diverges from the expected control-flow. There is a continuum of CFI strategies from "fine-grained," in which control-flow must strictly adhere to expectations at the instruction-level, to "coarse-grained", in which adherence is looser and tracked at the level of code regions (e.g., basic blocks).

The majority of CFI research is based in software in which applications and CFI monitoring code are woven together, where "weaving" is accomplished by, for example, instrumenting language compilers to include control-flow monitoring checks or by using binary translation techniques to alter applications with monitoring code. An excellent survey of software-based methods can be found in Burow et al. [4]. Software-based CFI suffers from implementation complexity as modifying language compilers and/or binary translation can be quite challenging techniques in, and of, themselves. Furthermore, recent work on the effectiveness of software-based CFI [6]–[8] indicates that many software-based approaches can be circumvented.

Indirect control-flow instructions—i.e., those with register targets like "jmp eax" in x86—are the source of imprecision in the calculation of CFGs, because it is impossible, via static analysis, to determine exactly the set of all possible flows from it. Accurate CFG generation is key to the success of any CFI approach; see Tan and Jaeger [9] for further discussion. To render the CFL flow as general as possible, this article treats CFGs as source input, leaving the issue of CFG generation for future work (discussed in Section III below).

An adjacency matrix representation of a CFG will be quite sparse, because, for any address a, there will be only a small handful of addresses a' for which there is a link from a to a'. One challenge of hardware-based CFI derives from this fact and has a negative impact on table-based approaches [10] to hardware CFI. Mao and Wolf [11] consider more efficient encodings of the adjacency matrix based on hashing. FSMbased approaches [12], [13] overcome the CFG sparseness problem by, in effect, inlining the permissible control-flow. A similar approach is taken with CFL, in which each controlflow constraint is expressed directly. At any point in CFL execution, there is a single such constraint being monitored and deviation from expected control-flows is detected at that single point. Importantly, this "inlining approach" obviates the need to represent the entire adjacency matrix form of the CFG. Muench et al [14] propose hardware-assisted CFI using transactional memory. Christoulakis et al. [15] integrate CFI capabilities directly into a SPARC SoC; their system, HCFI, weaves CFI monitoring directly into the hardware itself rather than a separate hardware monitor. For an excellent survey of hardware-based methods for CFI, please see Clercq and Verbauwhede [3].

High-level synthesis (HLS) from functional languages [16], [17] is a proposed remedy for the "programmability" problem [18] in reconfigurable technology. ReWire is a functional hardware description language that is a subset of the Haskell functional programming language: every ReWire program is a Haskell program, but not necessarily vice versa. Previous work has described the design and implementation of ReWire [19], its support for equational reasoning about reconfigurable hardware [19], [20], and its use as a target for embedded DSLs [21]. ReWire is intended as a tool for producing high assurance hardware and the current work is a step towards formally verifying the security and integrity properties of monitored systems (although the current work does not address formal verification, leaving it for future work). To the best knowledge of the authors, this work is the first application of functional language-based HLS to the design and implementation of hardware CFI monitors.

Language Abstractions for Hardware-based Control-Flow Integrity Monitoring: Fig. 1 presents a high level overview of the language-based approach to generating CFI monitors in hardware described in this article. Fig. 1a takes as input source the CFG of the program to be monitored. This directed graph is transformed into a CFL program (Fig. 1b), where CFL is the domain-specific language for expressing control-flow constraints. Each CFL program has a reserved start symbol, begin. A CFL constraint "predict 2 k2" means intuitively: "wherever I am, if the instruction address to be executed next is 2, then proceed to k2; otherwise, sound the alarm." We describe CFL's syntax, semantics, and implementation in detail in Section II.

CFL program structure mirrors that of Haskell/ReWire i.e., it is a set of (mutually recursive) equations. CFL programs are embedded in Haskell/ReWire by providing definitions for operations predict and branch as well as interface code for enabling and resetting the monitor; this is described in more detail below in Section II-E. This embedding is simply a compiler, taking CFL programs into Haskell/ReWire programs. The result of compiler the CFL program in Fig. 1a is a Haskell/ReWire program defining cfimon, which is the CFI monitor. Before continuing, we explain some relevant Haskell/ReWire syntax.

Note on Notation: ReWire has a built-in type constructor for devices, Device; e.g., d :: Device i \circ signifies that d describes a clocked device that, on each clock cycle, consumes an input and produces an output of types i and \circ , resp. The double colon :: is read "has type"; e.g., "x :: a" says that expression or variable x has type a.

The type of the monitor generated by the Haskell/ReWire embedding is: cfimon :: Device (Port Adr) (Maybe Bit) and it is illustrated in Fig. 1c. The type Adr stands for the instruction address type appropriate to a particular application. The address type Adr is, for the purposes of this presentation, left unspecified, although typical instances would be a machine word of some fixed size-e.g., ReWire has built-in word types (e.g., w8, w16, and w32 for 8, 16, and 32 bit words, resp.). Without loss of generality, addresses of type Adr are written as integers throughout. A detailed discussion of this type occurs in Section II-C, but, for now, think of cfimon as a synchronous device that accepts instruction addresses on its input port (i.e., values of type Port Adr) and produces each cycle an output of type Maybe Bit. Outputs of this type have the form Nothing (meaning cfimon is not operating) and Just b, signifying that cfimon is operating; if bit b is clear (set), then control-flow is normal (anomalous).

Because the cfimon is executable in Haskell, we can then write a test harness and test cases for cfimon completely in Haskell (see the codebase for complete details). The test harness has the following type:

```
test :: Device () (Port Adr) ->
Device (Port Adr) (Maybe Bit) ->
[Maybe Bit]
```

An application of the harness, test tst cfimon, pipes the outputs from test device tst to the inputs of cfimon. We can devise a test device in Haskell/ReWire, call it good, that generates the following sequence of Port Adr outputs:

```
Enable, DontCare, DontCare, PC 1, DontCare,
```

```
PC 2, DontCare, DontCare, PC 3, DontCare,
```

```
PC 4, Reset, DontCare,...
```



Fig. 2: Running Example: CFI Monitor Generation. On the left is a simple CFG used as a running example and, on the right, is the CFL program generated automatically from it.

Or, we can devise a test device, call it bad, that generates the following outputs:

```
Enable, DontCare, DontCare, PC 1, DontCare,
PC 6, DontCare, DontCare, PC 3, DontCare,
PC 4, Reset, DontCare,...
```

Here, Enable and Reset makes cfimon begin and end scanning, resp., PC a signifies the fetch of instruction address a, and DontCare signifies no meaningful input.

Note that, as shown, the good (bad) output sequence do (do not) include anomalous control-flows according to the CFG in Fig. 1a. Using the GHCi Haskell interpreter, we may then perform the tests (underlined text is typed by user, the rest is produced by GHCi):

```
ghci> test good cfimon
  [Nothing,Just 0,Just 1,Just 1,Just
```

Note that the good test never generates a Just 1, but the bad test does in the cycle following its producing PC 6. Once satisfied with cfimon, it can be translated to synthesizable VHDL using the ReWire compiler.

II. CFL: A DOMAIN-SPECIFIC LANGUAGE FOR CONTROL-FLOW CONSTRAINTS

This section describes the Haskell/ReWire embedding of CFL that enables the testing of monitors using Haskell as well as their compilation to synthesizable VHDL by the ReWire compiler. We endeavor to describe Haskell/ReWire notation at a high level as we proceed although, of necessity, the description is very high-level. Throughout this section, we refer to a simple running example shown in Fig. 2 and use it to illustrate the structure, semantics, and implementation of CFL. Doing so allows the basic ideas to be provided without unnecessary excursions into technicalities of programming language design—readers may refer to the online codebase for more details.

A. CFG Representation for the CFL Flow

A simple example will illustrate the structure of the CFG representation. Consider the CFG in Fig. 2a which is defined below in Haskell as:

```
runningex :: CFG Adr
runningex = (1,es)
where
    es = [1 :-> 2, 2 :-> 3, 3 :-> 4, 4 :-> 5,
        5 :=> (2,6), Halt 6]
```

A CFG is a pair consisting of the start address and a list of edges (resp., 1 and es above). Each node carries an address (i.e., 1 through 6). Edges come in three forms, each corresponding to the number of successors the source node has. In Fig. 2a, node 1 has the single successor node 2, and, hence, the edge 1 :-> 2 is in es. Similarly, node 5 has exactly two successors, nodes 2 and 6, and, hence, the edge 5 :=> (2, 6) is in es. Node 6 has no successors in Fig. 2a, and so it is represented by Halt 6 edge. The type declaration of edges is parameterized over the address type a and is given by the following Haskell declaration:

data	Edge	а	=	a :-> a	 one	successor
			1	a :=> (a,a)	 two	successors
			1	Halt a	 n o	successors
type	CFG a	а	=	(a,[Edge a])		

A CFG is a pair, (a, es), where a is the initial address of the CFG and es :: [Edge a] (read "[...]" as "list of").

A control-flow graph (e.g., Fig. 1a and Fig. 2a) is a directed graph expressing the expected control-flows within a program. For our purposes, we assume that the vertices (i.e., nodes) within the graph contain only the addresses of instructions within the program in question. An edge, $n \rightarrow m$, in the graph indicates that, if executing the instruction at address n, the instruction at address m may be executed next with no intervening instructions. Conversely, if an edge, $n \rightarrow m$, is not present in the CFG, then the change of control from n to m is not permitted. CFGs are a fundamental data structure within language compilers and, in that context, they may be decorated with all manner of data (e.g., results of static analyses) that we do not include. For language compilation, the CFG vertices will frequently denote basic blocks, which are straight-line code (i.e., no intermediate jumps or calls) with single points of entry and exit within the program being compiled. The CFG format we assume represents single instructions which is consistent with "fine-grained" CFI, although looser, "coarsegrained" CFI has been explored [4] which might make use of basic block information.

For any node n in a CFG, the number of edges proceeding from it has a fixed upper bound as a consequence of the semantics of the typical machine languages. An instruction at a termination point for the program would have no edges proceeding from it. A non-control-flow instruction e.g., "push eax" in x86—has a single next instruction and would, therefore, induce precisely one directed arc in the CFG. A control-flow instruction—e.g., "jz label" in x86—would induce precisely two directed arcs in the CFG.

B. Generating CFL programs from CFGs

The input CFG is translated into CFL by mapping a CFG edge a :-> a' into an CFL equation of the form ka = predict a' ka', where ka and ka' are fresh variables. A CFG edge a :=> (a1,a2) is mapped into a CFL equation

of the form ka = branch (a1, ka1) (a2, ka2), where ka, ka1, and ka2 are fresh variables. This mapping on edges is defined by the pseudo-Haskell function e2cf1:

To write the actual definition of e2cfl, we would have to introduce the abstract syntax for CFL, and this seems like an unnecessary detour in that the definition above conveys the essence of the definition found in the codebase. For (i,es) :: CFG Adr, the CFL constraint equation for the reserved word begin is given similarly depending on whether i has one, two, or no successors.

C. The Device Type of a CFI Monitor

The Haskell/ReWire type of a CFI monitor is Device (Port Adr) (Maybe Bit). The Bit type and Port type constructor are defined as:

data Bit $= C \mid S -- clear and set, resp.$ data Port a = PC a | DontCare | Enable | Reset

A value of type Port W8, for example, will have the form: PC w for some w :: W8, DontCare, Enable, or Reset. Form PC w signifies that instruction address w is available at the port. Obviously, DontCare stands for a non-informative "don't care" input. Inputs Enable and Reset indicate that the CFI monitor should begin and cease, respectively, monitoring control-flow.

The output type of a CFI monitor is Maybe Bit. The Maybe type constructor, built-in to Haskell/ReWire, is defined below:

```
data Maybe a = Just a | Nothing
```

A Nothing output signifies that control-flow monitoring is not currently underway. A Just b output signifies that controlflow monitoring is currently being performed and b :: Bit is its current status: c meaning "all flow legal so far" and s meaning "illegal flow has occurred."

D. High-level Structure of Generated CFI Monitors

Fig. 3 presents a high-level structural account of CFI monitors generated from CFL programs. The diagram has the shape of a state machine, although the diagram is at a higher level than that. In particular, each of the labelled boxes—cfimon, begin, alarm, and stop—are Haskell/ReWire definitions that will be given shortly. The dashed-lined box—labelled "Inlined CFG"—is the code generated by the Haskell/ReWire embedding of CFL discussed in detail in the next section.

The monitor starts at cfimon. If cfimon receives any input other than Enable, it makes no transition. On Enable, the monitor transitions to begin, which will start the CFI monitoring activity. Without loss of generality, the diagram in Fig. 3 assumes that the first instruction address to be checked is 1 and that the equation for begin is of the form, begin = predict 1 k; it could, in practise, be a branch or stop constraint. If the input address is not 1, it transitions to alarm. Within the "Inlined CFG," any anomalous control-flows will result in transition to alarm while program termination will result in transition to stop (from where it will immediately



Fig. 3: Structure of a Generated CFI Monitor

transition back to cfimon). The monitor remains in alarm until it receives a Reset signal.

E. Haskell/ReWire Embedding of CFL

This section defines the Haskell/ReWire embedding of CFL. Part of the embedding consists of giving definitions for predict and branch operations shown in Figures 1b and 2b. Rather than give the definitions for the Haskell/ReWire embedding compiler (which can be found in the codebase), we describe the embedding by explaining its output on the running example of Fig. 2b.

Note on Notation: Haskell/ReWire use "do notation" to chain together Device operations (Fig. 4a) in which n operations are chained together using do. First, operation₁ is executed, producing value i_1 , then operation₂ is executed, producing value i_2 , and so on, until the final operation, operation_n, is reached. The value is produced by operation_n is the value returned by sequence. The signal operation is used to receive input and produce output each clock cycle. The code snippet (Fig. 4b) sets the output port to \circ and waits to receive the new input i. Intuitively speaking, signaling indicates the dividing line between clock cycles. The signal \circ occurs at the end of the current clock cycle and the receipt of input i marks the beginning of the next clock cycle in which continue may now process i.

The cfimon operation is a loop that waits until an Enable signal is received on the input port. While it waits, cfimon signals Nothing to indicate that the CFI monitor is inactive. Each cycle, it receives from the input port (pa) and patternmatches against it. If Enabled, it continues to begin.

```
cfimon :: Device (Port Adr) (Maybe Bit)
cfimon = do
    pa <- signal Nothing
    case pa of
    Enable -> begin
    _ -> cfimon
```

The fourth line above takes the input from the port, pa :: Port Adr and pattern matches against it with a case expression. Each line in a case expression has the form "pattern -> value". Above, if the pattern matches pa, it returns corresponding value. Pattern matching proceeds in top to bottom order. The underscore "_" is a wildcard pattern.

The begin operation signals Just c to indicate that the monitor is operational and has not observed a control-flow

<pre>sequence = do i1 <- operation1 : i(n-1) <- operation(n-1) operationn</pre>	do i <- signal o continue						
(a) Haskell/ReWire "do" notation.	(b) ReWire's signal operator.						
Fig. 4: Notation: Chaining and Signaling in Haskell/ReWire.							

violation. If its input pa represents an instruction address (i.e., has form PC a'), it checks that the address is the starting address of the code and proceeds to k1; otherwise, it transitions to alarm to indicate the control-flow violation.

The alarm operation repeatedly signals Just S, signifying that an anomalous control-flow has been identified, until it receives a Reset signal. Upon Reset, it transitions to cfimon, thereby restarting the monitor.

```
alarm :: Device (Port Adr) (Maybe Bit)
alarm = do
    pa <- signal (Just S)
    case pa of
        Reset -> cfimon
        _ -> alarm
```

The stop operation indicates that the program has terminated without incident and the monitor should cease operation and return to waiting for an Enable signal.

stop :: Device (Port Adr) (Maybe Bit)
stop = cfimon

We illustrate the Haskell/ReWire embedding of predict, branch, and stop constraints by the translation of several equations from Fig. 2b. Fig. 5 shows the translation of several such equations. Within the translation of k1 = predict 2 k2, the input from the port, pa, is received and checked using a case expression. If an instruction address a' is received, it transitions to k2 if a' is the expected next address; if a' is not the expected address, a control-flow violation has occurred and it transitions to alarm. Given DontCare or Enable, it remains at k1. For Reset, it restarts the monitor by transitioning to cfimon. The other cases are similarly defined.

III. SUMMARY, CONCLUSIONS, AND FUTURE WORK

Development costs for security mechanisms suited to the diversity of embedded systems could be kept lower if development tool flows supported "software engineering virtues" of abstraction, modularity, extensibility, etc.: the more quickly a particular protection mechanism can be adapted or extended to meet the needs of a particular embedded system, the less expensive it is. This challenge motivates the approach taken

```
-- Embedding of: kl = predict 2 k2
k1 :: Device (Port Adr) (Maybe Bit)
k1 = do
 pa <- signal (Just C)
  case pa of
   PC a'
        | a'==2
                     -> k2
         | otherwise -> alarm
                     -> k1
   DontCare
   Enable
                     -> k1
   Reset
                     -> cfimon
   Embedding of: k5 = branch(2, k2)
                                     (6, k6)
k5 :: Device (Port Adr) (Maybe Bit)
k5 = do
  pa <- signal (Just C)
  case pa of
        | a'==2
   PC a'
                     -> k2
         | a' == 6
                     -> k6
         | otherwise -> alarm
   DontCare
                     -> k5
   Enable
                     -> k5
   Reset
                     -> cfimon
  Embedding of: k6 = stop
k6 :: Device (Port Adr) (Maybe Bit)
k6 = stop
```

Fig. 5: Haskell/ReWire Embedding of CFL: Running Example

here: i.e., the application of programming languages ideas specifically, embedded domain-specific languages—to the construction of security mechanisms for embedded hardware.

This article presents a proof-of-concept domain-specific language, CFL, with abstractions expressing control-flow constraints along with an embedding into the ReWire functional HDL (and, consequently, an embedding into Haskell). These embeddings serve dual purposes as a means for both developing and implementing of hardware-based CFI monitors and, potentially, other varieties of hardware-based security monitors as well. Hardware-based security monitors (in this case, CFL monitors) may be type-checked, tested, and formally verified just as any Haskell program using existing tools and techniques (e.g., Haskell's strong type system, the GHC Haskell compiler, stepwise development, etc.). This paper has left formal verification for future work, but we would argue that it is significant, in and of itself, that hardware-based runtime monitors can be described in a framework in which there are many well-known paths forward for formal verification. Once design, testing, and verification goals are met, the monitors can be translated to synthesizable VHDL using the ReWire compiler.

What has not been addressed in this article is performance. Calculating accurate CFGs is a challenge in itself [9] and we have left performance analysis and tuning for followon research. Ongoing research has developed Haskell/ReWire models for RISC-V (specifically, the 32-bit integer ISA) and for the Xilinx MicroBlaze soft processor. In future work, we will leverage these ReWire models, along with tool suites for RISC-V and MicroBlaze, to perform an extensive "test and measure" study of the flow described in this article. All that being said, previous work has established that the ReWire compiler produces circuits with very good timing and space characteristics in the domain of regular expression compilation [21] and the CFI monitors developed here are quite similarly structured, so there is good reason to believe that similar performance characteristics are achievable.

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